



Symptoms of Multiple Chemical Sensitivity

Multiple Chemical Sensitivity is a diagnostic label for people who suffer multi-system illnesses as a result of contact with, or proximity to, a variety of airborne agents and other substances. (Environmental Protection Agency). Sometimes referred to as a neuroendocrine-immune disorder, MCS causes dysfunction in many body systems as a result of exposure to low levels of environmental chemicals. The effect is similar to that of a large dose of poison on a healthy person. Symptoms, generally absent in exposure free conditions, may include:

Neurological and Central Nervous System

Confusion, impaired concentration, distraction, inability to learn and comprehend new information, slowed thinking, poor recall, mood swings, personality changes, dizziness, speech impediment, tremor, slowed reflexes, and speeding/slowing of brain function.

Endocrine

Blood sugar, thyroid, adrenal, and hormonal imbalance.

Immune

Auto-immune disorders, allergies, food sensitivity.

Cardiovascular

Rapid or slowed heartbeat, chest pain, arrhythmia, high or low blood pressure, and vasculitis.

Reproductive

Loss of libido, impotence, hormonal changes.

Gastrointestinal

Irritable bowel, nausea, vomiting, diarrhea, constipation, gas, cramps, malabsorption.

Respiratory

Asthma, shortness of breath, coughing, bronchia spasms, reactive airway disease, burning.

Musculoskeletal

Pain, weakness, spasms, loss of coordination, and generalized fatigue.

Other

Rash, infections, pallor, boils, ringing in the ears, rhinitis, sneezing, extreme sensitivity to sound and light, headache, and migraine.